

NEW REVIEW -- NAGHAVI / Asymptomatic Atherosclerosis: Pathophysiology, Detection and Treatment. Humana Press Inc., 2010, \$239.00.

[AUTHOR]

Naghavi, Morteza, MD

[BIBLIOGRAPHIC DATA]

ISBN: 978-1-60327-178-3, Series Title: Contemporary Cardiology, 737 pages, hard cover.

[DOODY'S NOTES]

[REVIEWER'S EXPERT OPINION]

M. A. Thompson, MD(Ochsner Clinic Foundation)

****Description****

This book explores the latest developments in a multipronged preventive strategy to detect and treat asymptomatic patients at risk for future cardiovascular events based on severity of atherosclerosis, regardless of the currently acknowledged risk factors.

****Purpose****

It seeks to invigorate the discussion about the identification, diagnosis, and treatment of at-risk patients. The authors identify the shortcomings of the risk-stratification system currently used in clinical practice and propose an alternative risk-assessment strategy and guidelines to prevent heart attacks.

****Audience****

This book will be of interest to medical students, allied health professionals, and physicians in training while working to inspire a paradigm shift in the thinking of cardiologists and practitioners involved in the treatment of patients with cardiovascular disease.

****Features****

A proposed system for identifying vulnerable patients begins the book. Subsequent chapters examine the pathophysiology of atherosclerosis in general and disease recognition in the general population, including a multimodality process of risk assessment, treatment, and prevention. Each chapter uses experts in various fields to provide instruction on modern risk assessments of disease. Finally, the book assists readers to its goals by presenting guidelines for the implementation of its new system.

****Assessment****

This book is well written and researched. It engages the reader to re-examine current practice paradigms and to consider adopting newer guidelines.

Weighted Numerical Score: 93 - 4 Stars!